

## Illinois Firefighter Peer Support Team Provider List

### Service Providers That Specialize in Serving Firefighters and First Responders

(This list includes providers from Illinois and other states that have been endorsed by firefighters. The contact information and specializations below contain the information that was given by each provider.)



### Mental Health Clinicians

(Please reference Appendix A for explanation of credentials)

#### Illinois Providers:

<b>NAME</b>	<b>ADDRESS</b>	<b>PHONE/EMAIL/WEB</b>	<b>SPECIALIZATIONS</b>
<b>Dr. John Baker Ph.D</b>	1701 Curtis Road, Champaign, IL 61822	217-365-6206 <a href="http://www.carle.org/Providers/Details.aspx?ID=1064">www.carle.org/Providers/Details.aspx?ID=1064</a>	Anxiety, Mood, Forensic, Marriage
<b>Dr. Vana Bowen Psy.D</b>	<b>2 locations:</b> Aurora & Batavia on Farnsworth Avenue  35 Burdent Drive Suite B, Crystal Lake, IL 60014	Aurora/Batavia 630- 236-8599 Crystal Lake 815 -575-2357  <a href="http://www.drvbowen.com/index.htm">http://www.drvbowen.com/index.htm</a>	Play Therapy, Trauma, Sex Addition, Domestic Violence
<b>Dr. Sherry Falsetti Ph.D</b>	1221 E. State Street, Rockford, IL 61104	815-972-1000  <a href="http://rockford.medicine.uic.edu/">http://rockford.medicine.uic.edu/</a>	PTSD
<b>Laura Farrar LCPC</b>	640 N. River Road, Naperville, IL, Suite 108 60563	630- 718-0717 ext 206  <a href="mailto:laurafarrar@fvinstitute.com">laurafarrar@fvinstitute.com</a>  <a href="http://fvinstitute.com/bio/laura-ahrens-farrar/">http://fvinstitute.com/bio/laura-ahrens-farrar/</a>	Addictions, Adolescents, Anger, Depression, Mens Issues, Depression, Self Harm, Self Esteem, Trauma
<b>Dr. Marla Friedman Psy.D</b>	417 W. Roosevelt Road, Wheaton, IL 60187, Suite 10	630-510-3966  <a href="mailto:booklight@att.net">booklight@att.net</a>  <a href="http://www.badgeoflife.com/marla-friedman-psy-d-pc-director/">http://www.badgeoflife.com/marla-friedman-psy-d-pc-director/</a>	Trauma, Sexual Dysfunction, Depression, PTSD, Anxiety. Licensed in IL and MI, and is fluent in Sign Language
<b>Cheryl Frommelt MS, LCPC</b>	640 N. River Road, Suite	630-718-0717	Marriage and Family, ADHD (adults &

	108, Naperville, IL 60563	<a href="mailto:cheryl@fvinstitute.com">cheryl@fvinstitute.com</a>  <a href="http://fvinstitute.com/bio/cheryl-frommelt/">http://fvinstitute.com/bio/cheryl-frommelt/</a>	children) Bullying, Sexual Issues, Infertility, Trauma, Depression, Anxiety, Blended Family Adjustment
<b>Jada Hudson, MS, LCPC, CADC</b>	<b>2 Locations:</b> 263 Main Street, Sugar Grove, IL 60554 and  102 South Washington, 2 <sup>nd</sup> floor, Hinsdale, IL 60521	630-815-3735  <a href="mailto:Hudson.illffps@att.net">Hudson.illffps@att.net</a>  <a href="http://hudsonclinicalcounseling.com/">http://hudsonclinicalcounseling.com/</a>	Substance Abuse, Trauma, Pediatric Death, Chronic Illness, Depression, Children & Adolescents, Womens Issues, Divorce, Anxiety
<b>Dr. Rukhsana Igbul M.D (Psychiatrist)</b>	120 Ogden Avenue, Hinsdale, IL 60521	630-920-1795  <a href="https://www.doximity.com/pub/rukhsana-iqbal-md">https://www.doximity.com/pub/rukhsana-iqbal-md</a>	Board Certified in Psychiatry and Family Medicine
<b>Katherine Johnson LCPC</b>	215 N. Main Street, Algonquin, IL 60102	630-730-2040  <a href="mailto:Katiejohnson1211@yahoo.com">Katiejohnson1211@yahoo.com</a>	First Responder Groups, PTSD, Sexual Assault, Relationship Issues, Depression, Anxiety
<b>Robert Jackman LCPC</b>	311 N. 2 <sup>nd</sup> Street, Suite 304, St. Charles, IL 60174	630-721-5765  <a href="http://robertjackmantherapy.com/">http://robertjackmantherapy.com/</a>	Addiction, Anger Management, Domestic Abuse, OCD, Chronic Pain, Divorce, Traumatic Brain Injury, LGBT, Sex Addition
<b>Mary Krueger LCPC</b>	2615 Three Oaks Road, 1C #6, Cary, IL 60013	847-908-3472  <a href="https://therapists.psychologytoday.com/rms/name/Mary_J._Krueger_MS,LCPC,CGP_Cary_Illinois_46556">https://therapists.psychologytoday.com/rms/name/Mary_J._Krueger_MS,LCPC,CGP_Cary_Illinois_46556</a>	Anxiety, Trauma, Relationships, Adoption, Post Partum, Transgender
<b>Jodi Macaluso LCPC, CADC</b>	1644 Colonial Parkway, Inverness, IL 60067	847-776-4500  <a href="http://www.pbsdoctors.com">www.pbsdoctors.com</a>	Substance Abuse, Anxiety, Relationships, Trauma, Depression, Life Transition, Grief
<b>Fred Martinez LCSW</b>	2721 Glenwood Court,	815-968-5342  <a href="mailto:info@glenwoodcenter.com">info@glenwoodcenter.com</a>	Children, Adolescents, Bipolar Disorder, Anxiety, Co-occurring

	Rockford, IL 61101	<a href="http://www.glenwoodcenter.com/Fred-Martinez.aspx">http://www.glenwoodcenter.com/Fred-Martinez.aspx</a>	Disorders (substance abuse + other disorder), Sports Counseling, Trauma
<b>Dr. Kristy McKiness Ed.D, LCPC, ACS</b>	1444 N. Farnsworth Avenue, Suite 120, Aurora, IL 60505	331-213-9706 ext 3 <a href="mailto:kristy@thekminstitute.com">kristy@thekminstitute.com</a> <a href="http://www.thekminstitute.com">www.thekminstitute.com</a>	<i>ILFFPS Clinical Director</i> , Trauma, PTSD, Grief, Self Injury, Divorce, Adolescents, Depression, Anxiety, College Adjustment, Weight Loss, Self Esteem, Sexual Assault
<b>RJ McNicholl LCSW</b>	201 Springfield Avenue, Suite 605, Champaign, IL 61820	217-722-9079 <a href="http://www.therockcounselinggroup.com/about-us/staff/staff-bios.html">http://www.therockcounselinggroup.com/about-us/staff/staff-bios.html</a>	ADHD, Depression, Anxiety, Trauma, PTSD, Marriage Counseling, Relationships
<b>Dr. Scott Nelson Ed.D, LCPC, ACS, CRADC, SAP</b>	<b>2 locations:</b> 6066 Strathmoor Drive, Suite C2, Rockford, IL 61107 and  8600 US Highway 14, Suite 105, Crystal Lake, IL 60012	815-916-9970 <a href="mailto:counselingtransforms@gmail.com">counselingtransforms@gmail.com</a> <a href="https://therapists.psychologytoday.com/rms/name/J.+Scott+Nelson+EdD,NCC,LCPC,CRADC,SAP+Rockford+Illinois+79997">https://therapists.psychologytoday.com/rms/name/J.+Scott+Nelson+EdD,NCC,LCPC,CRADC,SAP+Rockford+Illinois+79997</a>	<i>ILFFPS Clinical Consultant:</i> Substance Abuse, Insomnia, Career Counseling, Chronic Relapse, Impulsivity, Depression, PTSD, CISD, Anxiety, Eating Disorders, Sex Addition, Self Harm, Borderline Personality Disorder, Life Transition
<b>Olivia O'Hare LCSW</b>	2948 Artesian Road, Suite 112, Naperville, IL 60564	630-428-7890 <a href="http://www.edgewoodclinicalservices.com/counselors/olivia-ohare-lcsw/">http://www.edgewoodclinicalservices.com/counselors/olivia-ohare-lcsw/</a>	Depression and Bipolar Disorder in Children/Teens/Adults , Depression, Anxiety, Parenting Issues, Family Therapy
<b>Lauren Prandato LCSW</b>	1220 Iroquois Avenue, Suite 207, Naperville, IL 60563	815-401-9286 <a href="mailto:laurenlcsw@yahoo.com">laurenlcsw@yahoo.com</a>	Autism Spectrum, ADHD, Anger, School Issues, Self Esteem, Children and Adolescents

		<a href="https://therapists.psychologytoday.com/rms/name/Lauren_Prandato+(Mcnamara)_MSW,LCSW_Naperville_Illinois_153116">https://therapists.psychologytoday.com/rms/name/Lauren_Prandato+(Mcnamara)_MSW,LCSW_Naperville_Illinois_153116</a>	
<b>Dr. Ray Redick Psy.D, CADC</b>	901 N. First Street, Suite 225, Springfield, IL 62702	217-788-4065  <a href="http://www.memorialeap.org/Our-Team/Ray-Redick.aspx">http://www.memorialeap.org/Our-Team/Ray-Redick.aspx</a>	Substance Abuse and Addiction, Fitness for Duty Evaluations, Anxiety, Divorce, Parenting Issues
<b>Pat Spangler, LCPC, CADC</b>	6392 Linden Road, Rockford, IL 61109	779-368-0060  <a href="mailto:Pspangler@kpcounseling.com">Pspangler@kpcounseling.com</a>  <a href="http://www.kpcounseling.com/about-us/staff/pat-spangler/">http://www.kpcounseling.com/about-us/staff/pat-spangler/</a>	Substance Abuse and Opiate Addition, Group Therapy, Adolescents
<b>Dene Stamas LCPC</b>	2 E. 22 <sup>nd</sup> Street, Suite 302, Lombard, IL 60148	630-495-2014  <a href="https://therapists.psychologytoday.com/rms/name/Dene_T_Stamas_MA,LCPC_Lombard_Illinois_49567">https://therapists.psychologytoday.com/rms/name/Dene_T_Stamas_MA,LCPC_Lombard_Illinois_49567</a>	DUI Services, Gambling, Relationship Issues, Internet Addiction, Parenting, Eating Disorders
<b>Michael Sullivan MA, CADC</b>	2200 Main Street, Lombard, IL 60148	630-705-0067  <a href="http://www.lifeskillsauthorities.com/content/?s=486&amp;s2=543&amp;p=543&amp;t=Recovery-Team---Psychotherapy">http://www.lifeskillsauthorities.com/content/?s=486&amp;s2=543&amp;p=543&amp;t=Recovery-Team---Psychotherapy</a>	PTSD, Depression, Anxiety, Addictions
<b>Jim Tift CADC</b>	25 E Washington Street, Suite 1811, Chicago, IL 60602	312-213-9652  <a href="http://npino.com/counselor/1609096544-mr.-james-richard-tift/">http://npino.com/counselor/1609096544-mr.-james-richard-tift/</a>	Substance Abuse Services Specifically
<b>Joe Tiarks LCPC</b>	201 Springfield Avenue, Suite 605, Champaign, IL 61820	217-548-4130  <a href="http://www.therockcounselinggroup.com/about-us/staff/staff-bios.html">http://www.therockcounselinggroup.com/about-us/staff/staff-bios.html</a>	Couples Counseling, Anxiety, Depression
<b>Dana Torres LCPC</b>	1150 Essington Road, Joliet IL 60435	(815) 573-0815  <a href="https://therapists.psychologytoday.com/rms/name/Dana_Torres_LCPC_Joliet_Illinois_195213">https://therapists.psychologytoday.com/rms/name/Dana_Torres_LCPC_Joliet_Illinois_195213</a>	Counsels ages toddler through adult, Adoption, PTSD, Domestic Violence, Parenting, Self Esteem
<b>Dr. Kyle Weber Ph.D</b>	1555 Naperville/ Wheaton Road, Suite 201,	630-581-2215  <a href="https://therapists.psychologytoday.com/rms/name/Kyle_Weber_PhD_Naperville_Illinois_103490">https://therapists.psychologytoday.com/rms/name/Kyle_Weber_PhD_Naperville_Illinois_103490</a>	Eating Disorders, Autism Spectrum Disorder, Depression, Behavioral Issues, Psychological Testing

	Naperville, IL 60563		
<b>Dr. Howard Weissman Psy.D</b>	1440 Techny Road, Northbrook, IL 60062	847-412-0922  <a href="http://www.stressreliefcenter.com/team/dr-howard-k-weissman/">http://www.stressreliefcenter.com/team/dr-howard-k-weissman/</a>	EMDR, OCD, PTSD, Certified Holistic Healing Techniques
<b>Dr. Myra West Psy.D</b>	1945 S. Halsted Street, Suite 301, Chicago, IL 60608	312-305-8739  <a href="https://www.linkedin.com/in/myra-d-west-psy-d-b7ba1b36">https://www.linkedin.com/in/myra-d-west-psy-d-b7ba1b36</a>	Trauma, Expert Witness of Childhood Trauma
<b>Dr. Keith White Ph.D</b>	1802 S. Mattis Avenue, Champaign, IL 61821	217-326-1330  <a href="https://carle.org/Providers/Details.aspx?ID=507">https://carle.org/Providers/Details.aspx?ID=507</a>	Trauma, Chronic Insomnia, Mind/Body Connection, Marriage Counseling

### **Appendix A: Explanation of Clinician Credentials**

- **CADC:** Certified Alcohol and Other Drug Counselor: These individuals may or may not have a master's degree and/or license, but have extensive training in providing substance abuse treatment. CADC is a certification in provision of substance abuse services.
- **LCSW:** Licensed Clinical Social Worker: Clinicians who have the highest licensure level as a master's degree level social worker. **LSW/MSW** is the first tier social work license that is earned prior to the LCSW.
- **LCPC:** Licensed Clinical Professional Counselor: Clinicians who have the highest licensure level as a master's degree level counselor. **LPC** is the first tier counseling license that is earned prior to the LCPC.
- **LMFT:** Licensed Marriage and Family Therapist: Clinicians who have a master's degree and specialize in couples/family therapy. **MFT** is the first tier counseling license that is earned prior to the LMFT.
- **Psy.D:** Licensed Clinical Psychologists who have a doctorate degree in Psychology. They do not prescribe medications but do conduct psychological testing, fitness for duty evaluations, and provide a variety of therapy services
- **Ph.D:** Licensed Clinical Psychologists who have a doctorate degree in Psychology. They do not prescribe medications but do conduct psychological testing, fitness for duty evaluations, and provide a variety of therapy services
- **Ed.D:** Clinicians who have a doctorate degree in Mental Health Counseling and Higher Education. They often teach counseling at universities to master's and doctoral level counselors-in-training in addition to providing mental health services. They do not prescribe medications or conduct psychological testing, but do facilitate certain types of evaluations. These clinicians also provide a high variety of therapy services. These

clinicians have the LCPC license because only psychologists have a license that specifically indicates a doctorate in psychology.

- **DSW:** Clinicians who have a doctorate degree in Social Work. They do not prescribe medications or conduct psychological testing, but do facilitate certain types of evaluations. These clinicians also provide a high variety of therapy services. These clinicians have the LCSW license because only psychologists have a license that specifically indicates a doctorate in psychology.
- **Psychiatrist:** A medical doctor that specializes in prescribing psychiatric medications. Psychiatrists rarely provide counseling services; they primarily prescribe medications.
- *The above credentials reflect the slight variations between social workers, counselors, psychologists, and psychiatrists; all of whom provide a variety of mental health services.*